

Sharepoint interface elements: Add new button, Lisa Harman profile, Home, My files, Shared, Favorites, Recycle bin, Browse files by (People, Meetings, Media), Quick access (Safe Work Practice, Equipt To Thrive Sharepoint), More places...

	Name
	Functional Capacity Assessment
	Home and Living Assessments
	NDIS Access Request



NDIS Registered Occupational Therapy/ Physiotherapy/Therapy Assistants
 Functional Capacity Assessments | Housing Options | Home Modifications | Assistive Technology
 Residential Care Allied Health Supports | Manual Handling Training | Risk Assessment
 Job Dictionaries | Pre-employment Assessments | Training DVDs & E Learning
 RTWSA Provider | Ergonomic Workstation Reviews | Work Site Clinical Physiotherapy
 Suite 5, 32-36 Metro Parade,
 Mawson Lakes SA 5095
 T: 1300 661 670
www.equipttothrive.com.au

Home and Living Assessments

Purpose: This document has been created for NDIS Participants, their families and their support team to educate them on what Home and Living Assessments are, how the team at Equipt To Thrive conduct these assessments and what to expect both on the day and after the assessment.

Disclaimer: Equipt To Thrive is a private organisation that works under the NDIS framework to support NDIS participants to present evidence to the NDIA to make decisions about funding Reasonable and Necessary supports. As such, we are not the ‘decision makers’ and our role is to advocate for your needs to the best of our ability and provide you and your team education on where you may or may not meet eligibility criteria under the NDIS framework for certain funded supports. Ultimately, it is the NDIA who makes decisions on what they will and will not fund in your NDIS plan.

What is a home and living assessment?

A home and living assessment is when an Occupational Therapist attends your home to get to understand your unique needs, from both a physical, sensory and cognitive perspective. The Occupational Therapist then assesses whether or not your current home meets your needs, whether it empowers you to be more independence and whether it is safe and accessible. The Occupational Therapist will often discuss any obvious conclusions with you and your team on the day or shortly after your appointment and then articulate a report – depending on the goal of the assessment.

What should I expect on the day?

The Occupational Therapist will usually visit your home for around **2 hours** (give/take) on the day of the assessment. They will introduce themselves to you and those present and explain what they are there to do. If this length of time is too much for you, just let the Occupational Therapist know (or our receptionist when booking) and we can do the assessment in a staged process and/or gather information by phone/email if you are easily fatigued, triggered or otherwise have a hard time being present for the 2 hours.

The Occupational Therapist will usually sit down with you and those present to have some discussions about your medical and social history, gather some history about your current housing circumstances and any challenges you may be having, including who you live with and what support you may receive to complete daily tasks. They will also gather information from you about what is important to you about your living circumstances and where you see yourself long term – this is your life so they would LOVE to know how best to advocate for your preferences.

The Occupational Therapist, with your consent will then look around your home and take photos of the current environment to illustrate in the report where you live and why you may or may not require alternative accommodation - pictures tell a thousand words. They may take measurements of fittings or fixtures and may

